

**2019 International Association for Worksite Health Promotion (IAWHP) Preconference
The Expansion of Worksite Health Promotion: Integration, Improvement, and Impact**

Faculty: Alberto Ogata, MD, MSc, MBA; George Pfeiffer, MSE, FAWHP; Talya Williams, MS, ACSM EP-C, EIM II, and the IAWHP Board of Directors Leadership Team

Agenda (11:30am – 5:00pm)

11:30am – 12:00pm

- Welcome & Introductions – Talya Williams, MS, ACSM EP-C, EIM II
- Emerging Trends in Global Worksite Health Promotion – Alberto Ogata, MD, MSc, MBA, IAWHP President

12:00 – 12:30pm

- Integration of Health Promotion & Health Protection – George Pfeiffer, MSE, FAWHP

12:30 – 1:30pm

- Lunch Networking & Poster Presentations

1:30 – 2:30pm

- Special Interest Session I – Worksite Health Promotion Case Studies (*attendees participate in their top 2 topics of interest*)
 - **Creating a Physical Culture of Well-Being: Implementing Systemic Environmental Changes**
 - **Creating a Social Culture of Well-Being: Building & Mobilizing Wellness Champions and Leaders**
 - **Moving from Engagement to Outcome Data: a Look at Monthly Health, Safety, and HR Data to Inform Well-Being Strategies**
 - **Destigmatizing Mental Health in the Workplace**
 - **Safety & Wellness Integration**

Case studies in worksite health promotion to develop a deeper understanding of the topic, best practices, key resources, lessons learned and a realistic plan of action moving forward

[Transition to Special Interest Section II]

2:40 – 3:40pm

- Special Interest Session II

3:40 – 4:00pm

- Next Steps/Closing Remarks

4:00 – 4:45pm

- IAWHP Networking Reception (*All attendees invited to participate*)

